

MARCH 20 2023  
AAISWARYA GOPINADAM  
AND JARED DUFFY

# VOGUE OF HOGE

## UPCOMING EVENTS:

SANDWICH MAKING-3/21

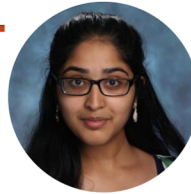
HOKIE HICCUPS-3/22

SOCIAL MOVIE NIGHT-3/23

CALC 3 TEST REVIEW-3/26

## FALL 2023 COURSE REQUEST

*Author: Aaiswarya Gopinadam*



Fall 2023 course request opens up on **Tuesday, March 21st!** Requesting courses can be a little tricky at the end of freshman year when most students are still in General Engineering but need to request classes in their respective majors for the upcoming school year. Here are a few tips to help you out during this time!

### **Using Coursicle:**

Want to preview the classes offered next semester or simply organize your dream schedule? Use Coursicle! This is a free website/app that currently shows all of the classes offered next semester, so students can use this to get a head start on figuring out how their schedules will look! One really great feature of this app is the ability to track classes, so you can keep updated on any changes such as cancellations, open class spots, or professor updates!

### **Talking to your advisor:**

Perhaps the most important thing to do at this time is to book an appointment with your academic advisor to discuss your future! Course Request gets complicated sometimes before declaring your major such as having restricted classes that you cannot add yourself. Advisors can help you with this and more, as they assist students with knowing their pathways requirements, ensuring they are on track to declare their major, and discussing schedule and career options with students. Academic advisors are an extremely helpful and underrated resource that you should definitely make use of! Sign up for an appointment today on Navigate!

### **Accessing the University Data Commons/Annanu:**

Want to request classes, but worried about which professor to pick? Make your decision easier by using the University Data Commons! This is where you can view class grade distributions based on professors who have previously taught any given course! For a more user-friendly (albeit slightly outdated) option, look up Annanu at Virginia Tech and search for your classes! Both of these will help you make a more informed decision about which courses to request for next semester!

Remember that course request is only open from **March 21st** through **April 4th!** The time you request classes within that window does not matter, but finish it up early so you don't forget to do it! Hopefully, these tips will help you get your ideal schedule!

# STUDY TECHNIQUES

Author: Jared Duffy



Having trouble focusing is a very normal experience in college, and trying different studying methods can help! Different people need different methods, so don't take these as absolute, and if you feel like a method isn't working for you, search for some variation! If you feel that trouble focusing is more than normal, or is significantly impacting your mental health, don't hesitate to reach out to a counselor and/or use one of the 12 TimelyCare sessions allocated to each student every academic year.

## Pomodoro Technique:

The Pomodoro Technique gives a framework for efficiency but is a fairly intense process. Allocate 25 minutes for work, followed by a 5-minute break to complete one "Pomodoro". Repeat this 4 times, then take a longer 15-to-30-minute break to wind down.

Personally, I found a 5-minute break to work less for me, so I allowed 10 minutes to play a game to make the method work better for me! Don't be afraid to tweak the numbers to see what works best for you!

## Spaced Repetition:

Each day after learning new information without review decreases how much you remember exponentially. However, using spaced repetition, this loss of retention will dwindle significantly. Review the day after you learn the information, then review again two days after the first review, then again 3 days after the second review, and so on until you feel happy with your progress. Naturally, this technique takes a lot of time, so I don't recommend it for just anything, maybe use this for important information in a class you're struggling with. Also, you can double the days between reviews at the cost of lower retention, meaning your reviews will need to be more rigorous.

**CHECK OUT THE INVENTS  
STUDIO IDEA BOOK FOR  
COOL PROJECT INSPIRATION!**



# THE BIG EVENT

Author: Jiyeon Park



The Big Event is a student-run community service effort that became the 2nd largest event of its kind in the nation. Every spring, thousands of students, faculty, and staff come all together to complete hundreds of community service projects through Blacksburg, Christiansburg, and the New River Valley. The Big Event's goal is to simply give thanks to the community.

Seeded in our university's motto of Ut Prosim (That I may serve) students and community members come together for a truly unparalleled experience.

The volunteer registration is officially open for the 2023 Big Event! Check out their website, [vtbigevent.org](http://vtbigevent.org), or their Instagram by simply searching up [vtbigevent](#).

You can sign up as an individual or with a team through the link in their Instagram bio. The one big day will be on April 1st, 2023. Mark it on your calendar if you wish to support our community!