

OCT5 2020 | GALPATIA

THE VOGUE OF HOGE

A NEWSLETTER FOR HOGIES BY HOKIES!

THE GOOD THINGS CORONA BROUGHT!



Author: Yasmin Farzan

Corona, corona, corona! We all have heard it so many times! It's all over the news, we get a constant reminder of it by "please wear your mask" signs, from "no big hangouts, from online classes! Even though I feel terrible for those who got sick or had someone close to them get sick, corona brought some good things with it too!

1. Office hours: last year I barely attended any office hours. I had to walk all the way to the academic side, sometimes at very cold temperatures, to just ask a single question. Most of my professors also took one student at a time, taking away our chance of hearing other students' questions. After we moved online, I have been to so many office hours and have been able to comprehend the materials much better! It's just one click away!

2. No alarms! We don't have to wake up early: if you're anything like me, you don't like waking up to your phone's alarm. Since most classes are asynchronous this semester, I don't have to attend them and can watch the videos anytime during the day.

3. You can watch the lectures multiple times. Have you ever been to a lecture that you didn't understand much in? Well before they were recorded, you had no chance of hearing them again, but since now they're all online now, we can view them multiple times until we understand everything!

4. No lines for food! Last year there were times where I had to stand in lines for forty-five minutes, carrying a heavy backpack and starving just to get one meal. But now I can just click on my desired food in Grubhub and pick up my food when it's ready. The process is fast and easy!

SMI Committee Mental Health Tips for Hogies!

Take a quick break from studying and go exercise! McComas has pre-registration for both lap swim and use of the gym. You can also utilize the outdoor volleyball or tennis courts!

SPICING UP DORM ROOM COOKING!



Author: Katie Geibel

When the dining halls close at nine and DXpress runs get old, we often find ourselves stuck with instant ramen. But, like the economy of 1400's Europe, the key to our problem lies in spices. Here are some of the best recipes to make in a mug, and the spices used to improve your dorm room eating across the board.

Spices to Quickly Add to Meals

Whether it be popcorn or macaroni, onion and garlic powders and salts often serve to add a bite to your blander grains. Another simple combination is bread, butter and garlic powder to toast into an easy garlic bread, best with a sprinkle of shredded cheese. Of course, those unafraid of a little spice could fall into the dangerous pattern of blanketing their meals with a sheet of paprika and crushed red pepper. Along with these basic additions, a packet of hot sauce and mac and cheese, soup, chili, and others combine to give a dish with zest.

Macaroni and Cheese in a Mug

I was surprised by the relative ease of making from scratch mac and cheese in the microwave. It only requires three basic ingredients (with some optional extras that take the recipe to a new level).

Ingredients: ½ cup elbow macaroni, ½ cup water, pinch salt, 3 tablespoons milk, ¼ cup (a handful/ to taste) shredded cheddar; Optional: pepper, 1 tablespoon butter

Preparation:

1. Mix macaroni, water, and salt in a microwaveable mug
2. Microwave for 2-3 minutes, then stir (check that noodles are tender)
3. Mix in milk, cheese, salt, (optional) pepper, and butter
4. Microwave for another 30 seconds, stir, and enjoy! (consider garnishing with parsley, oregano, bread crumbs, or parmesan)

Chocolate Mug Cake

Although it requires a few more ingredients, a trip to the store and a few dollars for flour, sugar, and cocoa could yield a semester's worth of mug cakes.

Ingredients: ¼ cup all-purpose flour, 2 tablespoons cocoa powder, ¼ teaspoon baking powder, 2-3 tablespoons granulated sugar (depending on desired sweetness), pinch of salt, ¼ cup and a splash of milk, 2 tablespoons vegetable/olive oil or melted butter; Optional: 1 tablespoon nutella, chocolate chips, any chocolate candy

Preparation:

1. In a microwavable mug, mix together flour, cocoa, baking powder, sugar, and salt.
2. Mix in milk, oil/butter, and optional ingredients.
3. Place mug in microwave on top of paper towel and microwave on high for 70 seconds.
4. Remove carefully, will be hot.

ONE OF THE BEST GALIPATIA TWITCH STREAMERS



Author: David Chen

One of the best twitch streamers within Galipatia right now is les_bro_twitch. She is a gamer who plays and streams several first person shooter games including Rainbow Six Siege and Call of Duty: Modern Warfare. Most of her past streams have been playing Rainbow Six Siege and most of her highlight clips reflect some crazy and funny moments during her games. I got the chance to play a few matches with her during one of her streams and it was nice talking to her directly. She is a really great person and fun gamer to play with so definitely check out her twitch and get to know her. Her goal is to reach 100 followers by the end of the school year. Make her goal come true and have a fun time yourself, if you have nothing else to do. Go check her out and who knows, you might even be able to get into a game with her live on her stream.

Compiled by:

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