

Galipatian Station

~While You Pee in Lee~

1/31/20 - 2/7/20

COMPILER



Aashi Agarwala
She/Her/Hers



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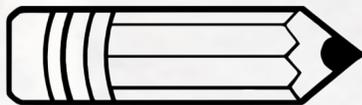
HOW TO START OFF YOUR SEMESTER RIGHT



Sarah Osborne
She/Her/Hers
ESM

You've officially made it through your first semester, Galipatians! Congrats! Whether it was a good semester or a learning experience, I'm here to tell you some of the tips and tricks I've picked up while being here. Hopefully, they will either help you continue to succeed or help you reevaluate how you've been studying and managing your time.

Studying: Find a nice, quiet place on campus that has very few distractions. If you can't find a place on campus, try the Starbucks across from Kroger or Panera. I've gotten many projects done in those places (after snacking, of course). This is going to sound like a broken record, but go to office hours! It's a lot less daunting at the beginning of the semester than towards the end when you're afraid they don't even know your name. Also, starting assignments early is a life saver! Even if you just skim the assignment, you'll find yourself thinking about it and more ready to solve it when you can. And start study groups! Again, a lot less scary at the beginning of the semester.



Time Management: This can be a big deal in college, and it's not easy to overcome. The most important thing to keep in mind is that it's a commitment. It's okay if you fail at it sometimes, as long as you keep trying. There are multiple resources on campus to help you too! There are workshops that you'll occasionally get emails about that help you plan out your day so you know just how much time you should be dedicating to everything. There are apps that help you restrict the time spent on your phone or on certain apps. Keeping a journal can also be a nice way to reflect on your previous habits and how they might need to change.

Healthy minded: The price of the gym is included in your tuition, so why not use it! Of course they have the different work out equipment, but did you know they also hold wellness workshops? These can range from nutrition, to how to get the most out of your sleep, to personal trainers. All you have to do is sign up (which you can do by Googling to find the links or calling the front desk at McComas).

I hope you all found at least a few of these helpful, and I hope you have a wonderful second semester!



HOKIE WELLNESS
AT VIRGINIA TECH

STEM Pun of the Week:

Why do they never serve beer at a math party?

Because you can't drink and derive

Brainteaser:

There are 50 bikes with a tank that has the capacity to go 100 km. Using these 50 bikes, what is the maximum distance that you can go?

BEATING THE LINES



Parker Jones
He/Him/His
Mechanical Engineering

As many of you all found out last semester, the lines to get food during the day can become extremely long and take up a good portion of your break between classes. This is especially the case at Turner as it is one of the only options for food on the academic side. Here are some tips on how to beat or avoid the long lines.

While Turner is the only on campus dining option on the academic side, there are also other dining options just off campus. Now keep in mind, these places will not take your meal plan, but places like Substation II are quick options that aren't too expensive. Going to an off-campus place every once in a while can be a great way to get around the crowds.

Another option is to go to office hours right after you get out of class. By going immediately after, you allow

others to rush towards the dining halls and form long lines and by the time you have met with your professor, the lines will at least die down somewhat. Also, you could go to the dining hall, find a seat, and wait about 25 minutes for the lines to get shorter, so that way you already have a seat and don't have to stand in line forever.

Using the Grubhub app for dining halls is another option, however keep in mind that there is an extra charge each time you order something using the app. Sometimes only certain dining halls are open on the app, but this semester there seem to be more places to order from and they seem to be open more often.

I hope these few tips can help you all beat the lines at the dining halls because I'm sure all of us would rather be doing anything else rather than standing in a line for 20 minutes!



LO-FI GAMES TO RELAX WITH



Ryder Fritz
He/Him/His

Coming back to school is always a stressful time, for me anyways. You have to learn your schedule, get your books, and keep track of a lot of new information that's being thrown at you. At times like this, I like to play video games to relax, reflect, and collect my thoughts. I've compiled a list of games that I enjoy playing to help me be mindful, and hopefully they'll help you too.

#1 Viridi - Free To Play on Steam

Viridi is a free to play, relaxing simulation game. In the game, you take care of a variety of succulents. You're in charge of watering your plants, and helping your little garden flourish. The game is accompanied by a relaxing soundtrack, which can also be purchased separately if you find yourself wanting to support the developers. This is the kind of game that you can leave open while you do your work, and check in once in a while when you need a break.

#2 Minecraft - \$26.95 from [minecraft.net](https://www.minecraft.net)

Minecraft is an expansive sandbox game. The price is a bit steep, but the amount of playtime you'll get out of this game will pay it back tenfold. You can do almost anything in this game, whether it's building a small cottage and tending to your farm or exploring vast oceans and caves. Minecraft has something to offer for everyone. To relax, I like going in creative mode and just building things. Minecraft can also be a multiplayer game. I've even noticed flyers for a Lee Hall Minecraft server. If you're looking to relax and play with friends, this might be a good game for you!

#3 Stardew Valley - \$14.99 on Steam

Stardew Valley is a roleplaying, farming and life simulator. At its core, Stardew Valley is a game that puts you in charge of running your own farm, in an unfamiliar town. You'll revitalize your farm, go exploring, and get to know the townspeople and form relationships with them. It's hard to explain the charm of this game in words, so I highly recommend checking it out for yourself if it sounds interesting.

Any of these options are a great way to unwind after classes and studying, so if you think one sounds fun, try it out! Low energy games can often be an easy way to relax your brain.