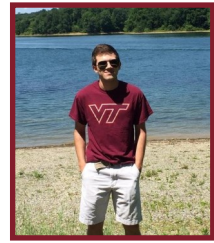


Galipatian Station

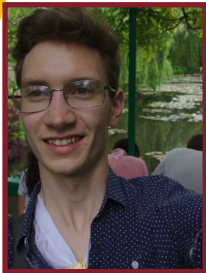
WHILE YOU PEE IN LEE

Friday, September 29th – Friday, October 6th 2017

COMPILER



Joshua Artz
Civil Engineering
Sophomore



The Moss Arts Center

David Thames
Computer Science
Sophomore

The Moss Arts Center is home to both the Center for the Arts at VT and ICAT. It's the giant white and glass building where Alumni Mall intersects Main Street. The building and large entry way can seem intimidating to approach but it houses some amazing talent and innovation.

Center for the Arts at Virginia Tech

The Moss Arts Center is dedicated to displaying the creativity found at VT. Upon entering visitors are treated by free art exhibits in the lobby and gallery. This is only the beginning, check out amazing performances here throughout the week with ticket prices at \$10 or less for students. Performances range from speakers to orchestras to Immersive Multimedia Experiences. You can find the schedule of all their events on their main page linked below.

<https://artscenter.vt.edu/>



ICAT

The Moss Arts Center also houses ICAT, the Institute for Creativity, Arts, and Technology. ICAT is a research institute focused on interdisciplinary research, mixing technology with arts and design. ICAT works with all kinds of cool technology from The Cube, a four-story room built to allow all kinds of immersive experiences, to humanoid robots to IoT. You can check out their projects page (linked below) to see what kinds of projects they have going on now. If these sound like research projects you would like to be involved in, I strongly suggest you contact some professors at ICAT, watch for them to come to a slush rush, or check ICAT community playdates (presentations hosted every Friday at The Moss Arts Center). Another great opportunity to check out ICAT and other local projects (or to get service hours) is the VT Science Festival on Sunday Nov. 4th.

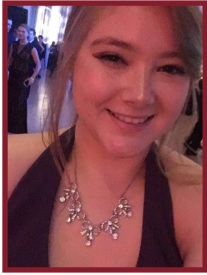
<https://icat.vt.edu/all-projects>



“I think that inVenTs students need to know that doing projects in the studio demonstrates *valuable skills* needed in industry like self-motivation, the willingness to learn new skills, insight about how to build something, and the familiarity with tools of fabrication. All of these are things a production company wants in someone to some degree.”

Joe Cuadrado
Product Design Engineer

Homesickness



Ashely Shafer
Computer Science
Sophomore

Hello my fellow Galipatians! Let's talk about Homesickness! Hopefully, you have been enjoying yourself these last four weeks. For

some of you, Tech and Lee Hall have become a second home, whereas others may still be getting used to living here. Either way, that's A-ok! Here are some tips on keeping in touch with the people you care about back at home.

While walking to and from class, definitely try and call your parents and family members or simply leave them a nice voice mail so they can call you back later. You could have a skype or video chat session with some of your friends on the weekends to see what everyone is up to. Make little arts and crafts projects and send them to family and friends. Better yet, you can make a little exchange system with

postcards or letters to keep everyone in touch.

Also, if you feel like are not adjusting as easily as you would like, do not be afraid to ask for help! There are plenty of upperclassmen, mentors, RAs, and others outside of Lee, such as the faculty of Cook Counseling, that are here to help. Be it a friendly face to grab lunch with, or someone to lend you a professional ear; know that you are not alone. Lastly, enjoy your time here. Get out and make friends! Social events, RA weekly traditions, clubs, and intramural sports are great ways to meet other people. Leave your door open, be brave, and ask people to join you! As for the people who are not homesick, reach out to those feeling a little blue and make a difference like the Galipatians we are!



Dorm Room Cooking



Deep Jain
Computer Engineering
Sophomore

Cooking in a dorm room may seem like a crazy idea, but it is possible. If one has the proper ingredients, supplies, and motivation then one can

become a Dorm Room Chef! Here are a few things you can make in your room without having the fire alarms go off!

Omelet in a Mug

For this recipe, you only need a carton of egg whites, nonstick spray, and a mug!

Cost: \$4.00

Time: 5-8 Minutes

For this recipe, you simply coat the mug with the nonstick spray. Then you add the egg whites halfway



to the top of the mug and microwave it on high for about 1 minute. Take the mug out and stir the contents. Finally, put the mug back in the microwave and set it for another minute. Done! You have your Omelet! You can also add additional ingredients into your Omelet, such as Cheddar cheese, ham, bell peppers and much more!

Pizza-Dilla

For this recipe, all you need is a tortilla, marinara sauce, and mozzarella cheese.

Cost: \$6.00

Time: 5-10 Minutes

To begin, all you do is place a tortilla on a microwavable plate, spread the marinara sauce only on half of the tortilla. Then you put the mozzarella cheese on top of the marinara sauce and fold the tortilla in half so the sauce and the cheese are hidden in the wrap. You can microwave the tortilla for about 2-5 minutes and it should be done! For this recipe you can also add other "toppings" to have it taste better. You can add various vegetables and meats!

